



We put a twinkle in your eye, a smile on your face, a song in your heart, skills in your hands, so that the time with your family dog will be some of the best times of your life.

cheerfuldogs chronicles

cheerful dogs, happy people

Issue 51

Healthy Dog: The Right Rest

Regular exercise and enrichment is key to keeping your dog in tip-top shape. It's also key to bring out your dog's best behaviour. Keep your dog's life well enriched and he's likely to reward you with more behaviour you like (such as snoozing while you make dinner or attend that Zoom meeting) and less of those you don't (like barking, attention seeking, or inappropriately-timed race-track circuits around your living room). But the right amount of rest is equally important. Dogs are programmed for plenty of napping, and both their health and behaviour can suffer when they don't meet their sleep quota.



Cheerful Dogs, Happy People
cheerfuldogs.com



Did You Know: These Doggie Superstitions?

A dog eating grass means it will rain soon.

A yawning dog predicts a change in the weather.

A dog that howls, growls, or whimpers for no apparent reason means a ghost is nearby.

Meeting a white-and-black spotted dog gives you good luck in business endeavours that day.

Conversely, it's apparently unlucky to meet a barking dog early in the morning.

A strange dog walking into your house means you will soon make a new friend.

A white spot on a dog's forehead brings wealth to her owner.

And finally, a timely one: Pet a dog before job-hunting and you will get the job.

cont.

...the right rest

If you and the kids are home more these days, be sure your dog is still getting his downtime. Some quiet time in a crate (provided he likes his), or in another room away from all the extra activity, can do wonders if your dog appears agitated or over-stimulated.

How much rest your dog needs depends on his age, activity level, and temperament. Puppies and seniors will want more naps than young adults, but every dog can benefit from the right amount of rest.



Certified. Force-free. Dog-centred.
cheerfuldogswalking.com

Dog In the Spotlight: Borzoi

The history of the Borzoi, or Russian Wolfhound, dates back to 17th century Russia. Bred in a wide array of colours to hunt prey ranging from rabbits to wolves, these sight hounds were so valued in Tsarist Russia that prior to the 1917 revolution the only way to acquire a Borzoi was as a gift from the Tsar himself.

The Russian Tsars weren't alone in their admiration of these beautiful dogs; Borzois continue to appear throughout modern culture. The Borzoi is the symbol of the Alfred A. Knopf publishing house and Borzois feature in many works of literature, including Tolstoy's *War and Peace* and Fitzgerald's *The Beautiful and Damned*. Borzois

often find themselves in films as well. Consider Boris in *Lady and the Tramp*, for example, as well as cameo roles in such pictures as *Legends of the Fall*, *Excalibur*, and *Bride of Frankenstein*.

Unlike in Tsarist Russia, today anyone can enjoy the company of a Borzoi.



cheerfuldogs.com

Your go-to trainer for enlightened dog lovers

Website: cheerfuldogs.com

cheerfuldogswalking.com

Professional dog walking you can trust

Website: cheerfuldogswalking.com

Tel: 9630 3884

Email: cheerfuldogswalking@gmail.com

Save the environment, access our e-newsletters on our websites

Follow us



Supported by

